

Hydra Experience *step-by-step* Guide



1. Remove eye makeup from lashes, eyelids and brows with **Oil-Free Eye Makeup Remover** on a cotton pad or a cloth. Hold on eyelid and lashes for 5-10 seconds and then gently wipe makeup away.



2. Cleanse face with **4-in-1 TimeWise 3D Cleanser** or **Volu-Firm Repair Cleanser** {if you are using the Repair Skincare Collection}. Massage into skin and rinse with warm water to remove all impurities, makeup and dirt from face.



3. Mix **4-in-1 TimeWise 3D Cleanser** or **Volu-Firm Repair Cleanser & Microdermabrasion Refine** and massage into skin for 30 seconds to 1 minute. Rinse well with warm water until all exfoliating beads are removed. Pat skin dry with clean towel.



4. Apply a very thin layer of **Deep-Cleansing Charcoal Mask** to your entire face. Notice the light and dark areas. The dark areas are the impurities being pulled from your pores. Apply the **Shea Sugar Scrub** to your Lips. Let the Mask and Lip Scrub sit for 5 - 10 min and then remove with warm water.



5. Apply one **Hydrogel Eye Patch** under each eye. The pointed end of the patch will be applied toward the inside corner of your eye.



Apply one pump of **Revealing Radiance Facial Peel** in a thin layer to the face around the eye patches, on the nose, cheeks, chin and forehead. Let product sit for 10 minutes. You may experience a tingling sensation.



Apply the **Shea Butter Lip Balm** to your lips.

After 10 minutes remove Hydrogel Eye Patches and discard. Use water to wash away Revealing Radiance Facial Peel and then dry skin with a towel. You do not need to remove the lip balm.



6. Apply 1-2 pumps of **Replenishing Serum+C** to the entire face in an upward and outward motion.



7. Apply 1-2 pumps of **Pore Minimizer Serum** to the entire face in an upward and outward motion.



8. Apply 1-2 pumps of **Volu-Firm Lifting Serum** to the entire face in an upward and outward motion. {Only if you are using the Repair Skincare Collection}



9. Apply a thin layer of the **Nourishing Oil** to your entire face. This oil is antibacterial which will heal and protect your new healthy layer of fresh skin.



10. Apply pea-sized amount of **Night Cream 3D** or one pump of **Volu-Firm Night Cream** {if you are using the Repair Skincare Collection}.



11. Apply **3D Eye Cream** or **Volu-Firm Renewal Eye Cream** {if you are using the Repair Skincare Collection} under the eye, to the outside corner of the eye and on top of eyelid with your ring finger. Gently pat product into skin.



12. Seal in moisture by the **Moisture Renewing Gel Mask** to the entire face.

***For best results allow at least an hour before applying makeup for maximum absorption of serums and treatments into skin.

When performing a Hydra Experience before bed, sleep in the Moisture Renewing Gel Mask and wash it off in the morning before applying any makeup.